



Instant Kind Control

# HALTI®

The HEADCOLLAR that STOPS PULLING

Easy to fit • Simple to use • Instant control

**STOPS  
PULLING**

**TAKE THE STOPS PULLING CHALLENGE**

## STOPS PULLING CHALLENGE WEEK FOUR

Hopefully all your hard work is starting to pay off and you can now see light at the end of the tunnel! If you are still having problems then don't be afraid to go back to the earlier stages of training and reinforce this until you are both ready to move on. All dogs and people progress at different speeds, the important thing is not to give up now!

1. Walking familiar routes should now be more controlled, start to extend these walks into gradually more challenging locations.
2. Aim to make changes steadily but progressively; maybe you can start with a familiar route but extend into a new area in the middle of the walk? Don't be worried if you have to retrain in this situation, just keep being consistent to reinforce the message that pulling never benefits!
3. Randomise your rewards; sometimes give food, sometimes a game and sometimes just praise.
4. **Do** raise your criteria and start to expect more between rewards but sometimes also reward at a simple point so that your dog never quite knows when the reward is coming, this way he is likely to keep trying harder.
5. **Expect setbacks!** There will be some days that your dog will behave as if he has never had any training, keep going and be consistent, he will get there!
6. If your dog is starting to do really well, now is the time to just begin to relax a little. He still must not be allowed to benefit from pulling but you can start to allow a little bit of sniffing etc particularly when he has walked nicely for some time.
7. More of your walks can now end in fun! A walk around the roads can end in a free run, however if your dog starts to get silly and pull on the approach to the park then walk past until he calms down and only allow him to 'get to the exciting bit' when he is walking nicely again.
8. Try walking with another dog as another new situation.
9. Whenever you take your dog into a new situation/location, spend some time reinforcing your early training as a reminder that pulling is never acceptable!
10. Remember that although we have come to the end of the four week plan, training does not stop here; you need to keep going, be consistent and reinforce your training in every new situation!

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