



Instant Kind Control

HALTI®

The HEADCOLLAR that STOPS PULLING

Easy to fit • Simple to use • Instant control

**STOPS
PULLING**

TAKE THE STOPS PULLING CHALLENGE

STOPS PULLING CHALLENGE WEEK ONE

Pulling starts before you leave the house!

Most dogs get excited at the prospect of going for a walk but if the production of your dog's lead sends him into a whirling dervish you are already 'on route' to being pulled to the park. In order for your dog to effectively learn and process new information, he needs to be calm so training needs to start before you even leave the house.

1. Start to perform your walk routine at least twenty minutes before you actually want to leave. Putting on your coat, walking shoes, gathering walking necessities and locking the door etc should all be spaced over a period of time, continuing the next step **only** once your dog is calm.
2. Attach the lead; if he becomes excitable, simply drop the lead and walk away from him. Ignore him until he is calm. Approach again and pick up the lead, if he remains calm then you can proceed towards the door, if he becomes excitable at any stage and starts to pull forward, simply drop the lead and walk away and ignore him until he is calm. Your dog needs to learn that behaving excitably and pulling actually delays the walk procedure rather than inducing it. You should remain calm and show little reaction at all times.
3. Next walk to the door and pick up the end of the lead, open the door a little, if your dog lunges forward and attempts to push through ahead of you then simply close the door (gently using your lead to ensure he does not get his feet or nose trapped in the closing door), repeat this gradually opening the door a little wider each time until you can fully open the door without him attempting to go through.
4. Try not to say anything to your dog as you practise this exercise, allowing him to work it out for himself will tend to bring more consistent, long term results! Remain calm and be patient, it may take quite a few repetitions until he learns that attempting to leave the house ahead of you is a pointless behaviour!
5. Once you can open the door fully with your dog remaining stationary; you should step through the door yourself, if he attempts to follow then immediately step back inside and close the door as above. Repeat until he does not follow then step through and give him a command such as 'ok' or 'come through' to give him permission to follow.
6. This behaviour should be practised **every** time your dog leaves the house (even if you are taking him out to the car) and can be repeated at garden gates etc until you are able to completely leave your property with a dog who is under control, listening to you and has his brain engaged in thinking mode!

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