



Instant Kind Control

HALTI®

The HEADCOLLAR that STOPS PULLING

Easy to fit • Simple to use • Instant control

**STOPS
PULLING**

TAKE THE STOPS PULLING CHALLENGE

STOPS PULLING CHALLENGE WEEK THREE

Now that you have worked through the fundamental basics of having a calm dog that understands what 'heel' means it is time to start practising in earnest!

Remember all the previous rules still apply, there is no point sometimes allowing your dog to pull and sometimes not or he will never get the point! If you are in a rush or just feel that you need to give your dog a good run it is better to drive him to the park and let him off than have him pull you there. If this is not possible then consider using a training aid for these times as discussed in week one.

1. Start to combine your week one training (leaving the house calmly) with your week two training (short bouts of walking to heel). In other words leave the house and go for a short walk at heel!
2. Remember that whenever he starts to pull, you should **immediately** start to walk back and encourage your dog into the 'heel' position. As soon as he arrives at heel forward walking can resume.
3. Your dog should now fully understand where 'heel' is, so should require less 'luring' to encourage him into position. Food and toys should now come as a 'reward' for having behaved well rather than as an inducement to perform!
4. Whilst you should still reward with food or break off for a short game with a toy for nice on lead walking, remember the greatest reward for your dog is to get where he wants to go.
5. It can be quite tiring at first but stick with it and keep your patience. Remember your dog didn't learn to pull overnight so he is not going to change overnight either.
6. Aim for a short, positive walk where you both succeed rather than trying to go too far and then get frustrated.
7. Practise 'on lead' only walks and also walks that end in a free run.
8. Make sure that your dog is never getting any 'payoff' for pulling, **do not** let him greet another dog or person, sniff or have his lead removed unless his lead is slack. If he pulls towards any situation then you should repeat step 2.
9. Add distractions gradually, progressing to more challenging environments only once you are both competent in a lesser environment.
10. Aim for at least one short lead walk every day where your dog never benefits from pulling.

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